After nine months, state budget & Pitt appropriation pass

A
der a nine-month-long stalemate in Harrisburg, state lawmakers have approved $143.19 million in support for Pitt, along with a $6 million supplemental budget.

Pitt's appropriation of $140.69 million in general support and $2.5 million in research and education outreach funding represents a 5 percent increase over Pitt's fiscal year 2014-15 general appropriation.

Parliamentarians had left the state's budget for the current fiscal year unaddressed, putting the squeeze on school districts, social service agencies and other entities that rely on state funding, in addition to leaving budget gaps for the state-related universities, which receive funding through separate non-preferred appropriations.

Pitt's state appropriation covers about 7 percent of the University's $2.07 billion budget.

Gov. Tom Wolf allowed the budget measures to take effect March 29 without his signature, announcing last week that he would not sign the budget because the majority’s fiscal year 2015-16 spending plan.

Since the July 1 start of the fiscal year, Wolf vetoed two prior budget proposals, then in December approved $23.8 billion of a $36.3 billion spending plan that he said lacked sufficient revenue.

Wolf maintained that the GOP's most recent proposal likewise is unbalanced.

Wolf said expanded conciseness attach my name to a budget that simply does not add up, and to allow us to take on the budget challenges of 2016-17, I am going to allow HB1801 to become law,” he said. March 23 press conference.

"It means that schools will stay open through the end of this year, but unless Harrisburg changes its ways, they won't have any adequate funds for next year.

"It means that counties will have the money they need to make it through the rest of this fiscal year, but unless Harrisburg changes its ways, they won't have enough for next year.

"It means that seniors will have the help they need in getting their prescriptions at affordable prices through the rest of this fiscal year, but unless Harrisburg changes its ways, they won't be able to count on this for next year," the governor said, calling on legislators to build a "reasonable and balanced" 2016-17 budget.

In his March 23 report to Senate, the governor's announcement, Chancellor Patrick Gallagher cautioned that a funding freeze could be on the horizon if state revenues prove insufficient.

"The governor is quite con- cerned that the funding level is not there to cover this," Gallagher said. "That's one of the reasons the governor didn't sign the (budget package).

"He doesn't believe it rep- resents a balanced budget. He does believe he can manage any future shortfalls that should occur by imposing spending freezes in various line items.

"So, it's still possible that as we proceed and our bill is enacted into law that there could be some adjustments made to that," Gallagher said.

"It means that counties will have the help they need in getting their prescriptions at affordable prices through the rest of this fiscal year, but unless Harrisburg changes its ways, they won't be able to count

Coach introduced

Athletic Director Scott Barnes, left, introduced Kevin Stallings as the new head coach of the men's basketball team March 28. A two- time SEC Coach of the Year, Stallings spent the past 17 seasons at Vanderbilt compiling eighteen plus-season wins season on a 332-220 record to advance to seven NCAA Tournaments, including one Final Four appearance.

He began his head coaching career at Illinois State in 1993. In 2003, Stallings led Pitt to the NCAA Tournament for the first time in 19 years. He is Pitt's 15th head men's basketball coach and takes over from Jamie Dixon, who stepped down after leading the head coaching job at his alma mater. Texas Christian University.

Biden to speak at Pitt

Vice President Joe Biden is scheduled to speak at Pitt April 5 as part of a multi-city tour in support of the nationwide It's On Us campaign against sexual assault on college campuses. It's On Us organizers on the Pittsburgh campus recently unveiled a paper chain taller than the Cathedral of Learning. Each of the 4,152 links bears the signature of a member of the University community who has pledged support for creating a campus environment where sexual assault is unacceptable.

Details of Biden's visit had yet to be determined as the University Times went to press, but will be posted at www. pitt.edu. Biden's tour includes the University of Colorado and the University of Nevada-Las Vegas. ■

Faculty & staff health center to open

As walk-in health and wellness clinic for Pitt employees is opening in April in the Medical Arts Building.

The UPMC MyHealth@Work center will be open to faculty and staff who are classified as regular full- or part-time Pitt employees. There will be no co-pay and the clinic will not be limited to those with UPMC health insurance, said John Kozar, assistant vice chancellor, Human Resources.

A UPMC team made up of a certified registered nurse practitio- ner, a nurse and a medical assistant will staff the clinic.

They will provide basic pri- mary care for conditions such as colds, fever, flu, headaches, sore throats, nausea, rashes, sinusitis, strains and sprains, minor cuts, sunburn or urinary tract infec- tions.

The clinic will coordinate with, not take the place of, an employee's primary care physi- cian, Kozar said.

"The convenience will be out," Kozar said. "We also want to promote preventive services. We want to go beyond it being a place you go when you're sick, but also to go when you want to lead a healthier lifestyle."

The initial target is to draw 15-20 people per day, Kozar said.

The more participation we have, the more cost-effective it will be," he said.

Kozar said there's no plan for similar clinics at Pitt's regional campuses because of their small size. However, Human Resources is looking into the feasibility of providing similar services by other means. Regional campus faculty and staff may use the Pittsburgh campus clinic, he added.

The center will be located in renovated space on the fifth floor of the Medical Arts Building, 700 Fifth Avenue. Hours will be 7:30 a.m.-4 p.m. Monday-Friday. The center phone is 412-647-3051. Clinic services will begin sometime this month, though a specific start date has not been set.
Group looks at Pitt’s support of community-based research

To the editor: Every four minutes, someone is diagnosed with cancer. Most often, they will need a blood stem cell or bone marrow transplant to survive. In 2012, there were 62,984 marrow transplants performed worldwide.

The Gift of Life Bone Marrow Foundation, a non-profit organization dedicated to increasing the marrow and blood stem cell registry, has a mission to ensure that there is a living donor for every person needing a transplant.

In May, the University will have two events that will attract the local community, increase awareness of bone marrow donation, and provide an opportunity for students to learn more about the process.

What you’re saying [is that] there are certain resources that could benefit a certain subset of the population. To help them, you have to understand what those resources are. That’s why we call for [more] community engagement work within the University.

To the editor: The University Times reserves the right to edit letters for clarity or length. Indications are limited to two paragraphs per academic term. Unsigned letters will not be accepted for publication.

Why the Senate matters (and why you might want to be involved)

I first became involved in Senate activities as a member of the Senate computer usage committee in 1984. I have been involved in two Senate committees in recent years: one on computer usage, library and plant utilization and planning committees. I have also served for nine years as an officer of the Senate, mostly as a result of a request. I have found these activities to be enormous rewarding.

Minoru C. Tofigh, DDS

University Senate letters policy

Letters should be submitted at least one week prior to publication. Persons critizing in a letter must accept responsibility for the response to their letter. If a response is requested, the letter will be published alone. Letters should be sent by email to njbrown@pitt.edu or by campus mail to 308 Bouchet Hall.

The University Times reserves the right to edit letters for clarity or length. Indications are limited to two paragraphs per academic term. Unsigned letters will not be accepted for publication.

Food service workers reach tentative pact

A tentative agreement has been reached on a new labor contract for food service workers on the Pittsburgh campus.

The Service Employies International National 32BJ represents 2000 food service employees in the University Center of Pittsburgh and Sutherland Hall who are employed by Sodexo, the University’s food services contractor.

The union’s three-year agreement expired at the end of February 2015.

The university has agreed to a two percent pay raise over the three years, which will be effective March 1, 2015. The agreement will be for 2 percent for 2015, 3 percent for 2016 and 3 percent for 2017.

The union also requested an end to mandatory overtime. The university will not change its policy and employees will continue to work with the same terms as current contract.

The union agreed to delay their request for health care insurance until a separate negotiating session will be held.

The 17% increase over the course of the agreement is expected to cost the university $2 million.

It’s not just helping a couple people, it’s also helping a lot of people reach their goals and their dreams. Dr. Tofigh went on to make this kind of work easier and more accessible to everyone.

To the editor: I would like to thank the people who have helped us all. I like to think that the Senate had a major role in making sure that this was possible.

The University Times

Irene H. Frieze
Senate Council wrestled last week with the challenge of how to develop a university-wide statement of values that promotes inclusion yet respects freedoms. Council agreed that a diversity and inclusion task force should continue in its work, while endeavoring to broaden input from members of the University community.

The group, comprised of faculty, staff, students and administrators, has been at work since Chancellor Patrick Gallagher challenged Senate Council last fall to help devise a strategy for expanding campus dialogue on diversity and inclusion. (See Nov. 25, 2015, University Times.)

At the task force’s recommendation, Council took a break from its usual business March 23 to focus discussion on diversity and inclusion.

Also among the group’s recommendations was the creation of a statement of values — perhaps based on the Pitt Promise (www.studentaffairs.pitt.edu/), in which undergraduates promise to uphold standards of civility, responsibility and integrity.

University Senate President Frank Wilson, a member of the group, said the value statement would provide “a platform of basic core values we can agree on,” including such fundamentals as “academic freedom, freedom of speech, respectful treatment of others, willingness to accept and engage ideas and propositions that are not ours — that we may find personally offensive from time to time. We need to have a platform from which to have these kinds of discussions,” he said.

Chair Jerry Pacheco, senior vice chancellor for engagement, chief of staff and Board of Trustees secretary, who also serves on the group, said that having a system in place “puts us in a better position immediately to respond to what we believe as a community is inappropriate behavior.”

Several participants urged against attempting to list qualifiers for diversity and inclusion, citing the risk of excluding some members of the community.

Faculty Assembly member Cindy Tananis said: “I think it’s really important that the tone of whatever we say needs to be positive, proactive and inclusive rather than deficit-based,” adding that a statement of values can provide an overall feeling of what an institution or community is about. “I would like to see it not get bogged down in a lot of detail but be a very positive, inclusive, proactive kind of statement,” she said.

Pitt-Greensburg President Sharon Smith agreed, suggesting: “We respect and honor differences as a way of increasing understanding and knowledge,” as part of a simple statement.

Said Faculty Assembly member Seth Weinberg: “The hardest part will be grappling with free speech issues and issues of things like civility and respect. To some extent there are places where they legitimately conflict with one another.”

He asked that diversity of ideas and perspectives be included in any definition of diversity.

Faculty Assembly member Michael Goodhart said the University “needs to create an environment in which all members of the community feel fully included. That means actually understanding and respecting, at the individual level and institutional level, the multiplicity of identities not just of students within the world and interpreting the world that are represented on our campus. And it means, crucially, positive measures to enable the success of every member of our community.

“In addition, we need to create an environment in which all members of our community can fearlessly pursue knowledge of all kinds in our research, in our classrooms and other learning environments, in our residence halls and throughout our community. And in which the members of this community can follow their own consciences in their civic lives,” Goodhart said.

He acknowledged that those two points conflict, suggesting that forums for discussing exactly what those difficulties are. “We’ve got to figure it out, because that’s the challenge,” he said.

Chancellor Gallagher noted that every organization has values that are manifested in how that organization behaves.

“If you think about what values would we say are important to us ... it seems to me it comes down to the thing that brought us all together in the first place: our mission,” he said.

“We’re here to educate and do scholarship. And the most important values of all are the ones that are essential to being successful at that,” he said.

“It’s vital to our vitality as a University that we be open. We’re creating opportunities; we’re going to educate all; we have to be open to new lines of thought and expression,” he said.

“If we follow those values in a way that represses and makes us less vital as a place of learning and discovery, then we haven’t done the right thing.”

“Bringing that out in the open will be the best way to balance” a complicated set of values.

The chancellor addressed the issue of accountability, stressing that while it’s most often thought of in the context of individual’s responsibility to the institution, accountability is bidirectional.

A value strategy also may serve to hold the institution accountable, the chancellor said.

“Part of that accountability may be restraint: That the institution be very cautious about certain roles that it takes for fear of violating the values,” he said.

“We’re trying to get at the question of why these things matter,” Gallagher said. “It seems to me it comes back to what we are: a place of learning, a place of discovery.”

“If we come back and always touch that, I think we’re going to end up making more right decisions than wrong decisions as we go through the very human process of struggling with these things.”

In the interest of including additional voices in the conversation, Gallagher offered to organize focus groups and other discussions to augment the existing groups’ discussions.

Wilson said the group would report its progress at the final Senate Council meeting of the academic year, May 18.

—Kimberly K. Barlow

Pitt’s 36th annual Latin American and Caribbean Festival on March 19 in the Posvar Hall Galleria featured arts, crafts, performances and food from the region, such as the textiles of COPITEM (Cooperativa de Artesas de Guatemala) members (from left) Yosmil Canastuj, Juan Tzunun and Gloria Chuta.

The event also included such organizations as Abre Tu Negocio En Pittsburgh, offering advice on how to start a business; Casa San Jose, a nonprofit providing community resources to area Latinos; and the local Latino Women’s Support Group.

A multicultural weekend
March 17 University Times.)

"I think it was really important for Pitt to be heard and for (legislators) to see we feel that it is tantamount for Pitt to be heard and for the citizens of the state. Getting the governor's budget plan for the University is a huge asset to this University is a huge asset to the state of Pennsylvania," said Gallagher. "Frankly, I think it was great for us to bring up the issue and to be heard. It actually matters," said Gallagher.

"I think it was really important for Pitt to be heard and for the citizens of the state. Getting the governor's budget plan for the University is a huge asset to this University is a huge asset to the state of Pennsylvania," said Gallagher. "Frankly, I think it was great for us to bring up the issue and to be heard. It actually matters," said Gallagher.

"I think it was really important for Pitt to be heard and for the citizens of the state. Getting the governor's budget plan for the University is a huge asset to this University is a huge asset to the state of Pennsylvania," said Gallagher. "Frankly, I think it was great for us to bring up the issue and to be heard. It actually matters," said Gallagher.

"I think it was really important for Pitt to be heard and for the citizens of the state. Getting the governor's budget plan for the University is a huge asset to this University is a huge asset to the state of Pennsylvania," said Gallagher. "Frankly, I think it was great for us to bring up the issue and to be heard. It actually matters," said Gallagher.

"I think it was really important for Pitt to be heard and for the citizens of the state. Getting the governor's budget plan for the University is a huge asset to this University is a huge asset to the state of Pennsylvania," said Gallagher. "Frankly, I think it was great for us to bring up the issue and to be heard. It actually matters," said Gallagher.

"I think it was really important for Pitt to be heard and for the citizens of the state. Getting the governor's budget plan for the University is a huge asset to this University is a huge asset to the state of Pennsylvania," said Gallagher. "Frankly, I think it was great for us to bring up the issue and to be heard. It actually matters," said Gallagher.
You are invited
Free Event

Spring Supplier Show
Celebrating Diversity & Sustainability

Free Food
Door Prizes

Thursday, April 07, 2016
10:30 AM - 2:30 PM
Soldiers & Sailors Ballroom

See www.cfo.pitt.edu/pexpress/divsus for Details

Special thanks to all participating suppliers and departments:

American Seating Company
Molecular Devices
Franklin Interiors / Steelcase
KORYAK
Laboratory Product Sales
ogix Guru

Matheson Gases
Pitt: CSSD
Pitt: DSS Stockroom
Pitt: EH&S
Pitt: Facilities Management
Pitt: Surplus Property

MilliporeSigma
Pitt: Dining-Sodexo
Pitt: EH&S
Pitt: Facilities Management
Pitt: Surplus Property

Dell, Inc.
Molecular Devices
Pitt: Dining-Sodexo
Pitt: EH&S
Pitt: Facilities Management

Don’s Appliances
Pitt: CSSD
Pitt: DSS Stockroom
Pitt: EH&S
Pitt: Facilities Management

Fisher Scientific
Pitt: CSSD
Pitt: DSS Stockroom
Pitt: Facilities Management

Logix Guru
Pitt: CSSD
Pitt: DSS Stockroom
Pitt: Facilities Management

SUPRA Office Solutions, Inc.
The Bradley Partnerships, Inc.
UniqueSource
VWR International
Waters Corporation
Workscape, Inc.

Scott Electric
South Coast Paper
SUPRA Office Solutions, Inc.
The Bradley Partnerships, Inc.
UniqueSource
VWR International
Waters Corporation
Workscape, Inc.
Dental school program targets national faculty shortage

The American Dental Education Association has been tracking the national shortage of dental faculty since the 1990s, showing that, while it peaked a few years ago, it is still being felt by dental schools around the country. This national shortfall has spurred Pitt's School of Dental Medicine to create an area of concentration that this spring will graduate its first six dentists trained specifically for a career in dental education.

That may not sound like a large number to some of Pitt's 320 students. But given the desire for most dental medicine graduates to move right into practice, the importance of being prepared to teach in a future in an orthodontic residency, or even as serving on faculty committees or becoming an administrator. Coursework in the program also helps students learn how to train first- and second-year dental students after classes to show them the operative techniques he was learning. "Inspiring and empowering people, seeing someone get a lot of confidence, is what I liked about it," he said of the program. Helping to teach in a dental school faculty member's classrooms "was a really neat responsibility and a fun kind of experience," he said. Cole now is considering a part-time or full-time faculty position at some point in his career. In the meantime, he added, "I certainly saw, in a future in an orthodontic practice, the importance of being able to articulate myself well, to head a team, to teach my patients."

Another fourth-year student, Aaema Athar, will begin her orthodontics residency next year at Pitt. "When I started out in school I actually had no idea what I wanted to do. I just knew I wanted to be a dentist," she said. Now on her way to completing the school's academic career track, she has discovered: "I also really love teaching now, through my experiences [here], so I can really see that being in my future." In February, the school also conducted the first national teleconference about academic dentistry with students from three other universities. All of these efforts are designed to show that becoming a part-time or even full-time academic is not only possible but desirable for today's dental student.

Dental students may take the full two years of courses in the academic career track, which they complete during the third and fourth years of their dental degree, or they may take just a few electives in the program to get a taste of an academic career in the field.

"We want to be a community for the students who are interested in these topics," says Horváth, who also is the school's director of faculty development.

Christine Wankiiri-Hale, associate dean for student affairs, is co-director of the program, which offers students experience in classroom and one-on-one teaching, as well as with benchtop and community research, and gives them the chance to interview current faculty about taking on academic leadership roles, such as serving on faculty committees or becoming an administrator. Coursework in the program also helps students learn how to train more junior members of their future dental practice staff and learn more effective methods of educating patients about treatment compliance.

Students in the program learn in classroom, pre-clinical and clinical settings, then use their newfound skills to practice teaching first- and second-year dental students. The program includes courses on teaching principles and methods as well as educational administration, an introduction to leadership and career development, teaching practices and an introduction to peer tutoring.

The academic career track began with one teaching practicum course in 2013 that drew increasing interest in subsequent semesters. "Based on that experience, we got the green light to initiate the program," says Horváth. "That helped engage the students' interest in something bigger. We found that some of the students may be interested in a little bigger commitment ... and a more structured curriculum.

"There's a great need for dental faculty. There's a great need for dental students who also are the school's director of faculty development. We want to be a community for the students who are interested in these topics," says Horváth, who also is the school's director of faculty development.

"I also really love teaching now, through my experiences [here], so I can really see that being in my future," says Horváth, who also is the school's director of faculty development.

Christine Wankiiri-Hale, associate dean for student affairs, is co-director of the program, which offers students experience in classroom and one-on-one teaching, as well as with benchtop and community research, and gives them the chance to interview current faculty about taking on academic leadership roles, such as serving on faculty committees or becoming an administrator. Coursework in the program also helps students learn how to train more junior members of their future dental practice staff and learn more effective methods of educating patients about treatment compliance.

Students in the program learn in classroom, pre-clinical and clinical settings, then use their newfound skills to practice teaching first- and second-year dental students. The program includes courses on teaching principles and methods as well as educational administration, an introduction to leadership and career development, teaching practices and an introduction to peer tutoring.

The academic career track began with one teaching practicum course in 2013 that drew increasing interest in subsequent semesters. "Based on that experience, we got the green light to initiate the program," says Horváth. "That helped engage the students' interest in something bigger. We found that some of the students may be interested in a little bigger commitment ... and a more structured curriculum.

"There's a great need for dental faculty. There's a great need for dental students who also are the school's director of faculty development. We want to be a community for the students who are interested in these topics," says Horváth, who also is the school's director of faculty development.

"I also really love teaching now, through my experiences [here], so I can really see that being in my future," says Horváth, who also is the school's director of faculty development.
Dental program targets national faculty shortage

CONTINUED FROM PAGE 6

education,” she adds. “There’s a shortage of dental educators in the field,” she said. Currently, dental medicine faculty members are part-time, often maintaining another line of work. Full-time faculty is rare except in achieving adequate diversity and prolonging recruitment,” says Horváth.

Wankárí-Hale and Horváth understand that their academic career-training program may produce many such part-time faculty. “That makes them even more robust in the clinic,” Wankárí-Hale says, since such part-time faculty members are in touch with the latest dentistry and students can relate to their experiences. “For a new dentist just graduating, it might be a hard job for them to handle, to jump right into academia,” she adds.

The two faculty members teach nearly all the program’s courses, aided in the research practicum by faculty who are more involved in a variety of research projects, and by other school faculty in the clinical practicum. Following completion of these practicum courses, students are permitted to assist in teaching certain courses.

“We coach the students in preparation,” says Horváth. “We want to make sure that they have a safety net … and that whatever my classroom act like that is what I strive for.”

Said Kurt F. Summersgill: “My best teaching is when I have one-on-one with my students.” He added, “Trying to have my classroom act like that is what I strive for.”

“Some teaching is more informal,” Prasad said. “I have one-on-one with my students,” he added. “It’s different every single day, intellectually.”

“Different every single day, literally,” she told the students.

Joanne Prasad tackled the last question for the day, “When was there any time in your career when you changed the balance among teaching, research and service?” asked David Cole, one of the students about to graduate.

“Very customizable,” Prasad answered, although she added: “When somebody asks you, ‘Can you hire 16 people?’ you should usually say yes.”

“That somebody being the dean,” Summersgill added. He noted that entering academia with a PhD atop his dental degree gave him flexibility about joining the tenure or non-tenure-stream as a faculty member. He opted for the latter, he said, rather than let the tenure track determine how he would spend his next seven years — the normal length of time required to achieve tenure.

“I didn’t have to have a life,” he said, so he opted for three-year faculty contracts. “One-year contracts, I wouldn’t do so happy,” he said.

Veia added the caveat that with one-year contracts it is very hard to plan ahead,” and suggested that faculty with these minimal commitments negotiate up front for their desired balance among teaching, research and service.

Another dental student asked about the fate of tenure-stream faculty who fail to achieve tenure in the requisite time.

“The system is built to avoid that,” Veia said, with three-year reviews allowing faculty members to show progress and opt for an extension of time or for dropping out of the tenure track if necessary. Even with tenure, he cautioned, “it’s not that my stresses are gone. They are just different.”

During a break in the conference, third-year dental student Chris Yang reflected on the larger challenges of combining a dental practice with teaching. “Dentistry is a very dynamic job. As a faculty member it would be a big challenge to keep up with all the changes in dentistry. One of the jobs of a faculty member is to bridge that gap between education and the real world.”

—Marty Levine
The annual Pitt Day in Harrisburg on March 22 drew about 275 faculty, staff and students from all five campuses to tell the University story to legislators and to lobby for increased state funding. Alongside personal meetings to talk about Pitt’s impact on Pennsylvania, the Pitt contingent delivered to every legislator a folder detailing Pitt’s presence and effects in the counties they represent as well as the University’s accomplishments.

Groups from Pitt met with Allegheny County state representatives Dan Frankel (top right), as well as Ed Gainey (middle right, seated) and Dan Miller (in doorway).

The Pitt group had some high-powered help from Chancellor Patrick Gallagher and the Pitt Panther mascot (bottom right).

Talking strategy (bottom left) during the visit were, from left, Ted Fritz, associate vice chancellor for Public Safety and Emergency Management; Livingston Alexander, president of the Bradford and Titusville campuses; and Geovette Washington, senior vice chancellor and chief legal officer.
The event ended with Pitt Day participants gathering for a reception. Among those who addressed the group were Kathy W. Humphrey, senior vice chancellor for engagement, chief of staff and Board of Trustees secretary (top left), and Jeff Kondis, president of the Pitt Alumni Association executive board (middle left). Chancellor Patrick Gallagher spoke with the media (below).
Social media use linked to depression

The more time young adults use social media, the more likely they are to be depressed, according to research from the School of Medicine.

The findings could guide clinical and public health interventions to tackle depression, forecast to become the leading cause of disability in high-income countries by 2020. The research is published in Depression and Anxiety.

This large, nationally representative study examined associations between use of a broad range of social media outlets and depression. Previous studies on the subject have yielded mixed results, which limits being small or localized samples and focused primarily on one specific social media platform, rather than the broad range included in this study.

Said senior author Brian A. Primack, director of the Center for Research on Media Technology and Health: “Because social media has become such an integrated component of human interaction, it is important for clinicians interacting with young adults to recognize the risk of depression. Being ok?”—could be used to be struck in encouraging potential positive use, while re-directing from risk factors. In 2014, Primack and his colleagues published a study examining the relationship between social media use and depression. In that study, they found that teenagers who spent more time on social media were more likely to report symptoms of depression.

For example, when a person spends a lot of time on social media, the more likely they are to be depressed, according to a recent study from the School of Medicine. The findings could guide clinicians to interact with young adults to recognize the risk of depression. The study was published in Depression and Anxiety.

Engaging in activities of little social media use could help improve mental health, according to a recent study from the School of Medicine. The findings could guide clinicians to interact with young adults to recognize the risk of depression. The study was published in Depression and Anxiety.

Social media use linked to depression

The more time young adults use social media, the more likely they are to be depressed, according to research from the School of Medicine.

The findings could guide clinical and public health interventions to tackle depression, forecast to become the leading cause of disability in high-income countries by 2020. The research is published in Depression and Anxiety.

This large, nationally representative study examined associations between use of a broad range of social media outlets and depression. Previous studies on the subject have yielded mixed results, which limits being small or localized samples and focused primarily on one specific social media platform, rather than the broad range included in this study.

Said senior author Brian A. Primack, director of the Center for Research on Media Technology and Health: “Because social media has become such an integrated component of human interaction, it is important for clinicians interacting with young adults to recognize the risk of depression. Being ok?”—could be used to be struck in encouraging potential positive use, while re-directing from risk factors. In 2014, Primack and his colleagues published a study examining the relationship between social media use and depression. In that study, they found that teenagers who spent more time on social media were more likely to report symptoms of depression.
Anxiety disengages prefrontal cortex
For some people, anxiety is just a part of life. For others, anxiety rules their day-to-day life, even taking over the decisions they make. Parents who have children of their own have known that anxiety can be a difficult issue to deal with. New research from Pitt researchers suggests that a mechanism for how anxiety disengages brain cells in women who are unmasked or perhaps unmasked due to advancements in technology.

"Anxiety disengages brain cells due to the process of decision-making in the brain," said Patrick Castillo, a PhD candidate in the Department of Neuroscience. "We studied anxiety in animal models and found that anxiety disengages brain cells in the prefrontal cortex (PFC) in women. This is likely due to the fact that anxiety disrupts decision-making, inhibiting the ability to make choices.

As with many people who suffer from anxiety but go through day-to-day life and make decisions, the anxiety disrupts the normal functioning of the brain. When anxiety is present, it can lead to changes in the way the brain processes information, resulting in impaired decision-making ability.

The researchers studied the effects of anxiety on decision-making in animal models. They found that anxiety disrupts decision-making in both males and females. However, the effects were more pronounced in females, suggesting that anxiety may be more disruptive in women.

The findings suggest that anxiety disengages brain cells due to the process of decision-making in the brain. As with many people who suffer from anxiety but go through day-to-day life and make decisions, the anxiety disrupts the normal functioning of the brain. When anxiety is present, it can lead to changes in the way the brain processes information, resulting in impaired decision-making ability.

The researchers are now working on developing new treatments for anxiety disorders. They hope to find ways to help people who suffer from anxiety by developing new treatments that can help them make better decisions.
The People of the Times column features recent news on faculty and staff, including awards and other honors, accomplishments and administrative appointments.

We welcome submissions from all areas of the University. Send information, including a 200-word summary, by fax at 412-624-4577 or by campus mail to 308 Bellefield Hall.

For submission guidelines, visit www.utimes.pitt.edu/page identification.
A

key architect of the Bayh-Dole Act offered a nutshell
version of inventors’ rights and responsibilities under
the law and fielded some spirited questions on its requirements in a recent talk. William Novak, the former University Club.

Novak joined the University in 1990 as a financial analyst. Brian Hamluck has joined the Association of Student Advisors, or A.S.A., as director of administration.

Hamluck will be responsible for the student divisions of the Office of Institutional Relations and Engagement. He also will play a lead role in the development of the division’s strategic goals and initiatives, and will manage special projects.

Hamluck most recently was the director of the University Club. He earned a bachelor’s degree in physical and health education and a master’s degree in educational administration from Pennsylvania State University.

He also holds a master’s degree in higher education and a doctorate in higher education from George Washington University.


Inventor rights under Bayh-Dole discussed

MARCH 31, 2016

IA chief to step down

Albert J. Novak Jr., vice chancellor for Institutional Advancement, has received a tenure track appointment to return to a core fundraising position for Pitt. He will remain in his current role until his replacement is named.

Novak joined the University in 1992 and serves as vice chancellor for corporate and foundation relations. He was senior associate vice chancellor 2000-02, then interim vice chancellor in 2002 before formally assuming his position in 2003. Under Novak’s leadership, the University has raised more than $2.6 billion dollars in capital and annual contributions.

Novak is a member of the Council for the Advancement and Support of Education (CASE) and the CASE 50, the top fundraising organizations in higher education.

He has founded a fellowship program in the Office of Institutional Advancement aimed at diversifying the profession. He also chairs the University’s Confucius Institute board, which has won the Confucius Institute of the Year award four times.

Chancellor Patrick Gallagher said, “I have asked Al to remain serving in his current role as vice chancellor for Institutional Advancement until we can con-

clude a successful search for his successor, and I am deeply grateful that he has agreed to do that.

“Thanks to Al’s leadership, we have a great platform for success. Now, we will turn to finding some-one who can take Pitt to the next level in philanthropic support.”

“Spring 2016 Student Opinion of Teaching Surveys will take place from April 4 to April 24

Spring 2016 Student Opinion of Teaching Surveys will take place from April 4 to April 24

Students are more likely to respond if they know it’s important to you.

14
Friday 1
HR Workshop
“Title IX: Understanding Com- plaints in the U. of Pitt”
Kathy Rieserki, 342Craig, 9 am (www.hr.pitt.edu/cdp)
HR Workshop
“Basic Federal Contract Adminis- tration,” Heide Eash, B21 UClub, 9 am (www.hr.pitt.edu/cdp)
HR Workshop
“Using Lynda.com for Professional Development,” Vernon Franklin; 302 Belfield, 10 am (www.hr.pitt.edu/cdp)
Hill-Pgh-Princeton Conf.
“Mathematical & Conceptual Foun- dations of Physics,” B10 CL, 10 am (also April 1, 9 am-12:30 pm; register: pimat@pitt.edu)
PACWC Women’s History Month Workshop
“Negotiating Skills for Women,” Ayana Lefton, 541 WPU, 11 am
Epidemiology Seminar
“Genetic Epidemiology of Obesity & Related Phenotypes in Same-sexes,” Ryan Minster; 110C Crabtree, noon
Dick Thornburgh Discussions
“Managing Attentional Selection,” John Shift in the Mechanisms Support Colloquium
CIDGE Workshop
“Blackboard: Using the Grade Center,” B26 Alumni, 2 pm (www.cidges.org/)
Pharmacology/Chemical Bio- logy Seminar
“Astroautophagy in Breast Cancer & Normal Stem Cells,” Jun-Lin Guan, 1931 BST, 3:30 pm
Masacro Ctr. Heinz Distin- guished Lecture
“Building Wellness: Creating Healthier Homes, Hospitals & Offices With Microbiology,” Jes- sica Green, biology; WPUL, 4:30 pm
Humanities Schenley Bridge Lecture
William Strickland, Manchester Bishh Corry; 121 Lawrence, 7 pm (www.humanities.pitt.edu)
Wednesday 6
HR Workshop
“Introduction to the Office of Inter- national Services & Basic Concepts in U.S Immigration Law,” 342 Craig, 9 am (www.hr.pitt.edu/cdp)
CIDGE Workshop
“Not Speaking the Same Language? 4 Steps to Engaging your Interna- tional Students,” 815 Alumni, 10 am
SPRIG Work Group Seminar
“Huntington Disease,” Daniela Leonero & Sergei Baranov; 1055 BISH, noon
What Does It Mean to be Curious Discussion
“What Is Curiosity in Action?”, 5 pm (www.library.pitt.edu/curiosity)
Thursday 7
HR Workshop
“Export Controls Fundamentals,” 342 Craig, 9 am (www.hr.pitt.edu/cdp)
HR Workshop
“MangoWorld 2013 Fundamentals,” Vennid Franklin; 312 Belle- fonte Clr. (www.svc-seminar.pitt.edu)
Women’s Cancer Research Ctr. Seminar
“Update in Early Detection & Pre- vention of Ovarian Cancer,” Karen Lee; 1st fl. Conf. rm. Montforth, 10:30 am
Supplier Show
“Celebrating Diversity & Sustain- ability”, Soldiers & Sailors ballrm., 10:30 am-2:30 pm
Humanities Panel
“Acceptance Journeys Pgh”; 602 CL, 10:45 am-12:30 pm (also Apr 8, 8:45 am-noon)
Chemistry Johannes Coetzee Memorial Lecture
“NanoLC-MS of Intact Proteins Using Silica Colloidial Crystals as a Chromatographic Packing Materi- als,” Mary Wirth, Purdue; 150 Chevron, 2:30 pm
Peterson Inaugural Lecture
“The Art of Border Crossings: Integrating Multidisciplinarity in the Natural Sciences,” Annemarie Grootenhuis, structural biology; Schae fee rm. 6, 4 pm (www. universityannouncements.pitt.edu/grootenhuis.pdf)
Science Lecture rm. 6, 4 pm (www. universityannouncements.pitt.edu/ grootenhuis.pdf)
Chemistry Seminar
“Making the Connection of Her- trogenous Catalysis: The Atomic Level Control of Catalysts,” Jenny Fung; U of Calif, 1003 Chevron, 4 pm
Classics Lecture
“Kings & Talks: The Political Role of Comitee Associations in Archaic Rome & Etruria,” Daniel Morris; 107 Lawrence, 4:30 pm
Italian Film Screening
“Emergency Exit: Young Italians Abroad”; G24 CL, 7 pm
English Dept. Alexandra Rosso Writing Festival
Multiple locations, 8:30 pm through April 6; www.crowncountyfoundation.org; to register: erinc89@pitt.edu
Friday 8
Last day for full term enrollment appointments.
CIDGE Workshop
“Developing a syllabus,” 815 Alumni, 10 am (www.cidges.org/ workshop)
East Asia Colloquium
“Formation of a Layered Dis- cuss join, Hong Kong, 2017-18,” 4117 Wylie, 12 pm (also April 2, 9 am-6 pm; register: pimat@pitt.edu)
University of Pittsburgh Mr. Avian Avian Colloquium
“Formation of a Layered Dis- cuss join, Hong Kong, 2017-18,” 4117 Wylie, 12 pm (also April 2, 9 am-6 pm; register: pimat@pitt.edu)
Marketing Seminar
“The Shopping Experience: Understanding Customer Behavior in Customer Experience,” 4117 Wylie, 12 pm (also April 2, 9 am-6 pm; register: pimat@pitt.edu)
Microsoft Word 2013 Fundamen- tals to University,” Maureen Lazar; 342 Craig, 9 am (www.hr.pitt.edu/cdp)
German Essay Contest Reception
1228 CL, 2:30 pm
Philosophy of Science Wesley Salmon Memorial Lecture
“Cautions for Philosophical Appli- cations,” Christopher Hitchcock, Columbia, 817 CL, 3:30 pm
Steel City Vets Cocktails & Camaraderie
“Soldering 2015: Guns Alone”; Soldsrik Sailors, 6-8 pm (www.soldierand- sailorball.org)
Italian Film Screening
“Myself & Her”; FFA Aula, 7 pm
Saturday 9
Fall term open enrollment period begins.
Pgh. Parks Conservancy Mtg.
121 Lawrence, 1-6 pm (register: www.parksandrec.org or 412-486-9112)
UPMC BodyCarengers Fashion Show
“Courage on the Catwalk”, UPMC Pavilion Herzeln. Ctr. 6, 5-7 pm (www. bodycarengers@upmc.org)
CONTINUED ON PAGE 15
Sunday 10
Carpathian Music Ensemble Concert
Bellefield aud., 7 pm

Monday 11
Greensburg Campus Writers Festival
Various locations, UPG, through April 15; pgwriters@pitt.edu
CIDDJE Workshop
“Theatre Delta Workshop: Student Race Relations in the Classroom”; 548 WPIE, 1-3 pm (www.ciddje.pitt.edu/workshops)
HSLS Workshop
“Painless PubMed,” Rose Turner; Falk Library classrm. noon
CIDDJE Workshop
“Theatre Delta Workshop: Student Race Relations in the Classroom”; 548 WPIE, 1-3 pm (www.ciddje.pitt.edu/workshops)

Tuesday 12
HSLS Workshop
“Focus on Behavioral Medicine: Searching in PsyNFO,” Mykhail Fedchyshin; Falk Library classrm.

Wednesday 13
Hepatology Lecture

Thursday 14
Epidemiology Seminar
“Cardiovascular Fat: A Potential New CVD Risk Factor in the Young Women.” Initial Findings From the SWAN Cardiovascular Fat Analytical Study; Sari Khoury; A115 Crellin
Bradford Campus Concert
KAS/Space/Peck School of Design/Blasdel; UPB, noon
HSLS Workshop
“Workplace Bullying,” Paula Davis & Cheryl Rufﬁn; 342 Clark, 12:30 pm (www.hsle.pitt.edu)
Chemistry Seminar
“The Mitochondrial Strains in Aging Disease,” Brandon Gibson, Buck Inst.; 150 Cheviot, 4 pm
HSLS Seminar
“Find ‘Noe Basies,” Pat Weiss; Falk Library classrm. 2, 3:30 pm (www.pitt.edu/~pittcntr)

Health & Rehabilitation Sciences
“A&K/BSL: Genetics & the Eye,” Audrey Mardel, 532 Alumni, 9 am (www.health.pitt.edu)
Pharmacology Seminar
“Targeting Trafﬁcking of Regulatory T-Cells,” Alex Meissner; 120 Rittenhouse, 1-3 pm
A&S/Sociology
“Anarchism & Prefigurative Politics in the Occupy Movement: A Study of Occupied Space, Horizontal Structures, and Anarchism in Practice,” Marie Schlochevsky; April 8, 2432 Posvar, 9:30 am
A&S/Chemistry
“Taxes on Rural & Regional Economies,” Katie Jo Black; April 9, 493 Posvar, 10 am
A&S/Biology
“Natural Disasters, Risk-Salience & Public Health,” Shawn McCoy; April 8, 4940 Posvar, 2:30 pm
A&S/Communication
“Cognitive Function & Breast Cancer: Genomics & Disease Characteristics,” Theresa Kolecik; April 9, 5111 Posvar, 1-2 pm
A&S/Public Health
“Environmental, Occupational & Environmental Health,” Eliza Gannett, 10 am (www.fsdp.pitt.edu)

defenses
A&S/Biological Sciences
“Variation & Local Adaptation in Response to Climate, Invasive Species & Infectious Diseases,” Nana Stafne, 1307 Posvar, 1-2 pm
A&S/History
“Continuous Waters: The Creation of Paciﬁc Geographic Knowledge in Britain, 1669-1768,” Katherine Pardue; April 4, 3710 Posvar, 10 am

Cultural Anthropology/Heritage Studies

Grand Rounds
“Symptoms & Immune Suppression in Acute Myeloid Leukemia,” Michael Byrdaland, UPMC Cancer Pavilion Herberman aud., 8 am

Thursday 14
Epidemiology Seminar
“Cardiovascular Fat: A Potential New CVD Risk Factor in the Young Women.” Initial Findings From the SWAN Cardiovascular Fat Analytical Study; Sari Khoury; A115 Crellin
Bradford Campus Concert
KAS/Space/Peck School of Design/Blasdel; UPB, noon
HSLS Workshop
“Workplace Bullying,” Paula Davis & Cheryl Rufﬁn; 342 Clark, 12:30 pm (www.hsle.pitt.edu)
Chemistry Seminar
“The Mitochondrial Strains in Aging Disease,” Brandon Gibson, Buck Inst.; 150 Cheviot, 4 pm
HSLS Seminar
“Find ‘Noe Basies,” Pat Weiss; Falk Library classrm. 2, 3:30 pm (www.pitt.edu/~pittcntr)

Health & Rehabilitation Sciences
“A&K/BSL: Genetics & the Eye,” Audrey Mardel, 532 Alumni, 9 am (www.health.pitt.edu)
Pharmacology Seminar
“Targeting Trafﬁcking of Regulatory T-Cells,” Alex Meissner; 120 Rittenhouse, 1-3 pm
A&S/Sociology
“Anarchism & Prefigurative Politics in the Occupy Movement: A Study of Occupied Space, Horizontal Structures, and Anarchism in Practice,” Marie Schlochevsky; April 8, 2432 Posvar, 9:30 am
A&S/Chemistry
“Taxes on Rural & Regional Economies,” Katie Jo Black; April 9, 493 Posvar, 10 am
A&S/Biology
“Natural Disasters, Risk-Salience & Public Health,” Shawn McCoy; April 8, 4940 Posvar, 2:30 pm
A&S/Communication
“Cognitive Function & Breast Cancer: Genomics & Disease Characteristics,” Theresa Kolecik; April 9, 5111 Posvar, 1-2 pm
A&S/Public Health
“Environmental, Occupational & Environmental Health,” Eliza Gannett, 10 am (www.fsdp.pitt.edu)

Defenses
A&S/Biological Sciences
“Variation & Local Adaptation in Response to Climate, Invasive Species & Infectious Diseases,” Nana Stafne, 1307 Posvar, 1-2 pm
A&S/History
“Continuous Waters: The Creation of Paciﬁc Geographic Knowledge in Britain, 1669-1768,” Katherine Pardue; April 4, 3710 Posvar, 10 am

Cultural Anthropology/Heritage Studies

Grand Rounds
“Symptoms & Immune Suppression in Acute Myeloid Leukemia,” Michael Byrdaland, UPMC Cancer Pavilion Herberman aud., 8 am

Health & Rehabilitation Sciences
“A&K/BSL: Genetics & the Eye,” Audrey Mardel, 532 Alumni, 9 am (www.health.pitt.edu)
Pharmacology Seminar
“Targeting Trafﬁcking of Regulatory T-Cells,” Alex Meissner; 120 Rittenhouse, 1-3 pm
A&S/Sociology
“Anarchism & Prefigurative Politics in the Occupy Movement: A Study of Occupied Space, Horizontal Structures, and Anarchism in Practice,” Marie Schlochevsky; April 8, 2432 Posvar, 9:30 am
A&S/Chemistry
“Taxes on Rural & Regional Economies,” Katie Jo Black; April 9, 493 Posvar, 10 am
A&S/Biology
“Natural Disasters, Risk-Salience & Public Health,” Shawn McCoy; April 8, 4940 Posvar, 2:30 pm
A&S/Communication
“Cognitive Function & Breast Cancer: Genomics & Disease Characteristics,” Theresa Kolecik; April 9, 5111 Posvar, 1-2 pm
A&S/Public Health
“Environmental, Occupational & Environmental Health,” Eliza Gannett, 10 am (www.fsdp.pitt.edu)

Defenses
A&S/Biological Sciences
“Variation & Local Adaptation in Response to Climate, Invasive Species & Infectious Diseases,” Nana Stafne, 1307 Posvar, 1-2 pm
A&S/History
“Continuous Waters: The Creation of Paciﬁc Geographic Knowledge in Britain, 1669-1768,” Katherine Pardue; April 4, 3710 Posvar, 10 am

Cultural Anthropology/Heritage Studies

Grand Rounds
“Symptoms & Immune Suppression in Acute Myeloid Leukemia,” Michael Byrdaland, UPMC Cancer Pavilion Herberman aud., 8 am

Health & Rehabilitation Sciences
“A&K/BSL: Genetics & the Eye,” Audrey Mardel, 532 Alumni, 9 am (www.health.pitt.edu)
Pharmacology Seminar
“Targeting Trafﬁcking of Regulatory T-Cells,” Alex Meissner; 120 Rittenhouse, 1-3 pm
A&S/Sociology
“Anarchism & Prefigurative Politics in the Occupy Movement: A Study of Occupied Space, Horizontal Structures, and Anarchism in Practice,” Marie Schlochevsky; April 8, 2432 Posvar, 9:30 am
A&S/Chemistry
“Taxes on Rural & Regional Economies,” Katie Jo Black; April 9, 493 Posvar, 10 am
A&S/Biology
“Natural Disasters, Risk-Salience & Public Health,” Shawn McCoy; April 8, 4940 Posvar, 2:30 pm
A&S/Communication
“Cognitive Function & Breast Cancer: Genomics & Disease Characteristics,” Theresa Kolecik; April 9, 5111 Posvar, 1-2 pm
A&S/Public Health
“Environmental, Occupational & Environmental Health,” Eliza Gannett, 10 am (www.fsdp.pitt.edu)
Your dedication and hard work are helping to write the story of Pitt’s continued success.

The University Store on Fifth recognizes the time and effort that goes into authoring and publishing work.

We’re glad to have you teaching on our campus...and proud to have your books on our shelves.